

SUPPORTING SOCIAL AND EMOTIONAL NEEDS THROUGH ART

For parents and carers



Draw yourself as a
superhero



Draw a picture of
what you're feeling
today



Go on a walk and
find...



Create a collage
that represents
how you feel



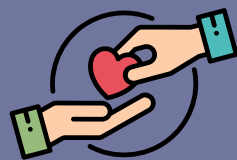
**Make up your
own**



Use materials to
build your own
school



Write five things
you wish to
achieve



Participate in a
random act of
kindness



Make a worry bear

