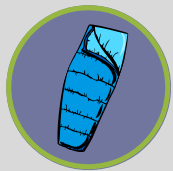


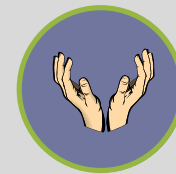


Deep pressure activities



Lay in a sleeping bag

Use brushing movements down the body



Wear a deep pressure vest

Use a therapy ball and roll over the body



Give a deep pressure hug

@DotsForChildren

